CALLS EUROPE



United in volunteering



WHO ARE WE?

The Youth Council of Calahorra's Region (CJCC) brings together youth associations to defend young people's rights, promote their social participation, and provide leisure alternatives. It acts as a link with public institutions, fosters youth associationism, and organizes activities that strengthen integration and cooperation among young people.



Calahorra's view



Youth center

PROJECT MISSION AND AIM

Our Mission:

To promote cultural exchange and interaction between local and European youth, fostering an inclusive environment that values diversity and sustainability.

Project Aim:

To create transformative experiences through cultural, environmental, and educational projects that promote tolerance, coexistence, and the development of an intercultural community in Calahorra.



ACTIVITY

Activities will balance learning and volunteering, using a **learning-by-doing** approach within **non-formal education**, focused on cultural, social, and environmental projects.

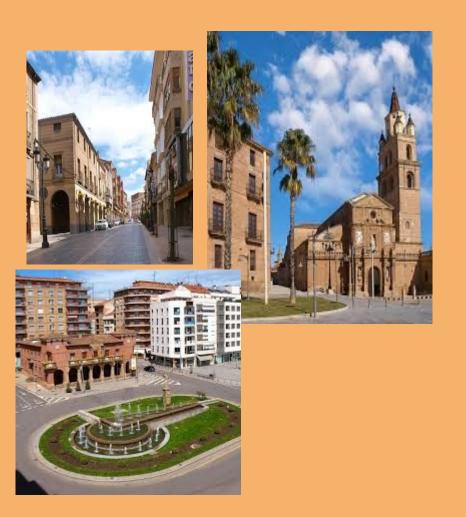
- Preparation of a news dossier.
- Development of personal projects and ideas.
- Support for major events: Halloween, Logic Games, cultural festivals, planting, and cleaning.
- Monthly participation in board game conferences and healthy living projects.
- Collaboration in key events: Lunarte, mural painting, concerts, Eurovision party, and more.
- Attendance at training sessions with European volunteers.



SKILLS YOU'LL GAIN

- Social: Teamwork, leadership, and intercultural communication.
- Technical: Project management, event organization, and document creation.
- Personal: Creativity, autonomy, resilience, and adaptability.
- Cultural and Environmental: Intercultural awareness and sustainability.





THE PROJECT COVERS

- Accommodation in a shared flat with single room.
- Pocket money 150 euros per month.
- Food 180 euros per month.
- Travel expenses according to the calculated distance between your city and Calahorra.
- Spanish language classes with local volunteers.
- Local mentor Support for the integration and inclusion.

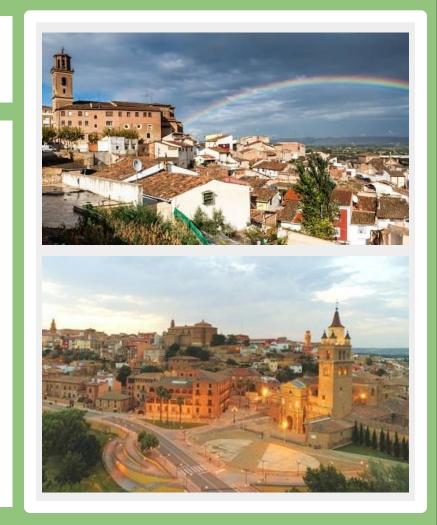
WHERE?

CALAHORRA

Calahorra is a small city (around 24,000 inhabitants) but culturally vibrant and rich in history.

Geographically, it is located in the region of La Rioja, in northern Spain, and lies near the Ebro River, surrounded by beautiful natural landscapes, including vineyards and agricultural areas.

The city is well-connected by public transport to other nearby cities like Logroño and Zaragoza, making it easily accessible for both residents and visitors.



OUR REGION

La Rioja is located in northern Spain.

It features mountainous landscapes and hills, but fortunately, Calahorra is also well connected to nearby cities like Logroño and Zaragoza. The main city of the region is Logroño.





ACCOMMODATION

PARTICIPANTS WILL BE LODGED IN A TWO-ROOM APARTMENT, LOCATED IN THE CITY CENTER IN CALAHORRA, LA RIOJA.

THE ACCOMMODATION IS 10 MINUTES BY FOOT FROM CALAHORRA YOUTH CENTER.

THE APARTMENT IS WELL CONNECTED TO THE CITY CENTER AND TO THE MAIN SERVICES THE APARTMENT IS FULLY FURNISHED (KITCHEN WITH COOKTOP, OVEN, REFRIGERATOR

AND WASHING MACHINE).







VOLUNTEER SCHEDULE:

ACTIVITIES TAKE PLACE MAINLY FROM MONDAY TO FRIDAY.

YOU'LL BE CONTRIBUTING YOUR TIME AND SKILLS FOR AROUND 30 TO 35 HOURS PER WEEK.

TIME OFF:

WEEKENDS ARE GENERALLY FREE.
BANK HOLIDAYS, SUCH AS CHRISTMAS, ARE ALSO
DESIGNATED AS FREE DAYS TO ENTOY AS YOU LIKE.

ADDITIONAL TIME OFF:

EVERY MONTH, YOU'LL HAVE THE CHANCE TO ENJOY 2 EXTRA DAYS OFF, WHICH ADDS UP TO A TOTAL OF 10 DAYS IN 5 MONTHS.



WEATHER

IN CALAHORRA, SUMMERS ARE HOT, DRY AND MOSTLY CLEAR AND WINTERS ARE VERY COLD AND PARTLY CLOUDY. OVER THE COURSE OF THE YEAR, THE TEMPERATURE GENERALLY VARIES FROM 2°C TO 31°C AND RARELY DROPS BELOW -2°C OR RISES ABOVE 36°C.





WHAT TO PACK

NECESSARY DOCUMENTS SUCH AS PASSPORTS,

TRAVEL DOCUMENTS, ETC.

COMFORTABLE CLOTHES AND SHOES;

TOWELS;

PERSONAL CARE PRODUCTS, SUCH AS SHOWER

GEL, SHAMPOO, COMB, ETC.;

|HAIRDRYER;

AC POWER (POWERADAPTER)

SOME COOL PIECES OF MUSIC AND GAMES FROM YOUR COUNTRY;

MEDICINE, IF YOU REGULARLY
TAKE ANY, CONSIDER THAT
YOUTH WORKERS AREN'T
ALLOWED TO GIVE YOU ANY

MEDICINE.

AND ABOVE ALL BRING JOY AND LOTS OF POSITIVE ENERGY!!
ENDLESS AMOUNTS OF GOOD MOOD AND MOTIVATION FOR WORK AND LEISURE!
POSITIVE ATTITUDE, DESIRE TO LEARN AND MEET COOL NEW PEOPLE.